



Board of Health Meeting
March 8, 2023
4:00 pm

AGENDA

- 1. Chairperson's Remarks**
- 2. Executive Office Report**
- 3. Acceptance and Approval of Minutes**
- 4. Fiscal Year 2024 Budget**
- 5. BPHC Behavioral Health Initiatives**



Executive Office Report



Acceptance and Approval, January 11th Meeting Minutes



Fiscal Year 2024 Budget Presentation and Vote



FY24 Budget Update and Vote

Tim Harrington
Director, Administration & Finance
March 8, 2023



FY24 Budget Timeline

1/09/23	Initial FY24 meeting with Office of Budget Management and Mayor's Office
1/11/23	January Board Meeting with Budget Process Update
1/13/23	FY23 Draft maintenance budget submitted to the City
1/18/23	Capital requests submitted to City
2/03/23	FY24 external funds budget due to the City
January/ March	Further meetings with OBM and Mayor's Office around potential new budget proposals and revisions to draft FY24 maintenance budget
3/8/2023	March Board meeting to review and vote to formally submit FY24 maintenance budget to the Mayor for review and approval
May 2023	City Council hearing
6/14/2023	Final Board vote to approve FY24 budget

FY24 Maintenance Budget

Bureau	FY23 Adopted	FY24 Proposed	Variance	% Change
Recovery Services	8,987,229	9,264,496	277,268	3.09%
Child and Adolescent Family	14,915,709	15,049,633	133,924	0.90%
Community Initiatives	5,920,234	5,924,502	4,268	0.07%
EMS (includes revenue)	71,512,680	72,004,876	492,195	1.00%
Homeless Services	8,092,965	7,946,838	(146,127)	-1.81%
Infectious Disease	6,302,999	6,414,854	111,855	1.77%
Public Health Service Ctrs.	22,177,491	22,415,996	519,846	2.34%
Administration	10,552,141	11,068,336	711,991	6.75%
Property	5,061,409	5,868,788	807,378	15.95%
OPEB	2,250,000	2,250,000	-	0.00%
Total (less EMS revenue)	117,884,076	117,864,569	(19,507)	-0.02%

FY24 Maintenance Internal FTE

Bureau	FY23 Internal FTE	FY24 Internal FTE	Difference
BRS	80.67	79.95	(0.72)
CAFH	100.25	101.20	0.95
CIB	48.94	47.49	(1.45)
EMS	449.00	449.00	-
HSB	71.70	71.70	-
IDB	34.21	34.21	-
PHSC	82.50	80.21	(2.29)
ADMIN	114.60	115.60	1.00
PROPERTY	23.00	23.00	-
Total	1004.87	1002.36	-2.51

FY24 External Grant Funding

Bureau	FY24 External
BRS	8,578,168
CAFH	7,588,291
CIB	5,475,125
EMS	2,031,610
HSB	15,352,705
IDB	11,901,741
PHSC/Admin	17,599,279
Total	68,526,918

FY24 Proposed New Initiatives

- Infrastructure
 - 12 FTEs to strengthen central departments of Human Resources, Finance, IT, Labor and Research
 - 2 Additional FTEs in Infectious Disease to support fiscal management and 2 in Community Initiatives to assist with inspections and research
- Low threshold spaces. BPHC is working with the Mayor's Office of Housing to support existing low threshold sites developed over the last eighteen months.

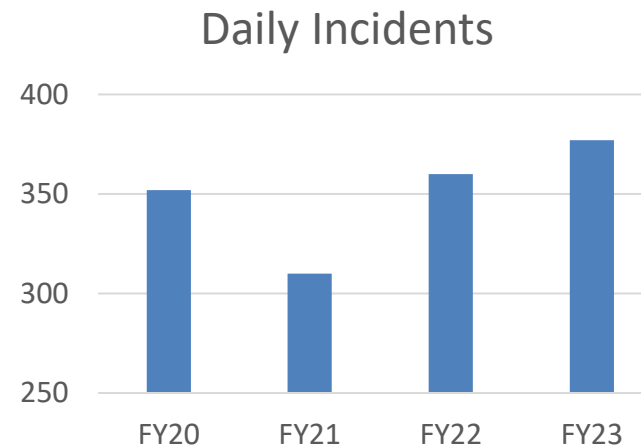
FY24 Proposed New Initiatives

- Additional funding for Mass and Cass Response, Homeless Services and Violence Prevention:
 - Additional medical services inside 112 Southampton for overnight shifts
 - Transportation services among shelter providers
 - Increased funding for harm reduction teams, Syringe Redemption Programs and the Back to Work program for homeless clients
 - Funding to continue ARPA supported projects within Violence Prevention including men's health initiative for Black and Latino men

Boston EMS FTE Request



- Boston EMS is requesting a 5% increase in uniformed personnel (20 FTEs) to address a corresponding increase in service demand.
- CY 2022 compared to CY 2021
 - 6% increase in incidents
 - 5% increase in responses
 - 5% increase in transports
- Average Daily Incidents (July to Feb):
 - FY23: 377
 - FY22: 360
 - FY21: 310
 - FY20: 352
- The department is also requesting five (5) non-uniformed FTEs, restoring a portion of administrative and support positions that are necessary for organizational success and advancement. Boston EMS has 15 fewer non-uniformed positions than 20 years ago.



New Capital Budget Requests

- Mattapan Transitions Building: Electrical Upgrade/Back-up Generator
- Chiller Replacement/HVAC Upgrades at Woods Mullen Shelter/Finland Building
- Medical Intelligence Center Upgrades at Boston EMS Headquarters

New EMS Capital Budget Requests

- Boston EMS Stations and related sites:
 - Franklin Park Ambulance Station
 - Charlestown Ambulance Station Interior
 - EMS Special Operations, Bragdon St Facility Upgrade
 - East Eagle Square Ambulance Station, East Boston
 - Roslindale Ambulance Station
 - Brighton, Station 14 Replacement

Vote to Approve Submission of the FY24 Maintenance Budget to the Mayor's Office



Behavioral Health Initiatives

**B O S T O N
P U B L I C
H E A L T H
C O M M I S S I O N**



Board of Health Meeting

3.8.23

Agenda

- Highlight BPHC Behavioral Health Programming
- A need to Collaborate, Communicate, and Coordinate
- Describe the work of the Center for Behavioral Health and Wellness
- Afford an opportunity for questions and answers

Boston Public Health Commission

- What is behavioral health?
- **Behavioral Health** refers to mental health and substance use disorders, life stressors and crises, and stress-related physical symptoms. **Behavioral health care** refers to preventing, diagnosing, and treating those conditions.

BPHC Programming



*Children's and
Newborn Health*



*Emergency
Medical Services*



Health Access



*Health Education
and Training*



*Health Equity and
Racial Justice*



*Healthy Homes
and Environment*



Homeless Services



*Infectious
Diseases*



*Mental and
Emotional Health*



*Physical Health
and Wellness*



*Public Health
Preparedness*



Recovery Services



Teen Programs



*Tobacco
Prevention and
Control*



*Violence
Prevention*

Behavioral Health at BPHC

Child, Adolescent and Family Health Bureau

- Boston Area Health Education Center
- Start Strong
- Capacity Building and Training Initiative
- Early Childhood Mental Health
- Neighborhood Trauma Team Network
- Peer Leadership Institute
- Safe and Successful Youth Initiative
- School Based Health Centers
- Violence Intervention Prevention Initiative
- And more...

Community Initiatives Bureau

- Mayor's Health Line
- 211 HelpSteps
- Wellness Committee

Emergency Medical Services

- Peer Support Program
- Alternative Response Pilot
- Behavioral Health Training

Homeless Service Bureau

- Behavioral Health Department
- Front Door Triage Program
- Behavioral Health Stabilization Program
- Workforce Resilience

Infectious Disease Bureau

- Ryan White Services Division

Recovery Services Bureau/ Office of Recovery Services

- Harm Reduction Services Division
- Engagement, Access to Care and Strategic Outreach Division
- Substance Use Treatment Division
- Youth Prevention (including Cope Code Club)

Idea, Plan, Do, Act

**YOUR
IDEAS
MATTER**

Write them down :)

Center for Behavioral Health & Wellness

The Center Team



Kevin M. Simon, MD
Chief Behavioral Health Officer

Started: 6/22



Samara Grossman, LICSW
Center Director

Started: 12/23



Morgan Chen, MPH
Policy & Strategy Specialist

Started: 12/23



Stephanie Santizo, BS
Project Assistant

Started: 8/22

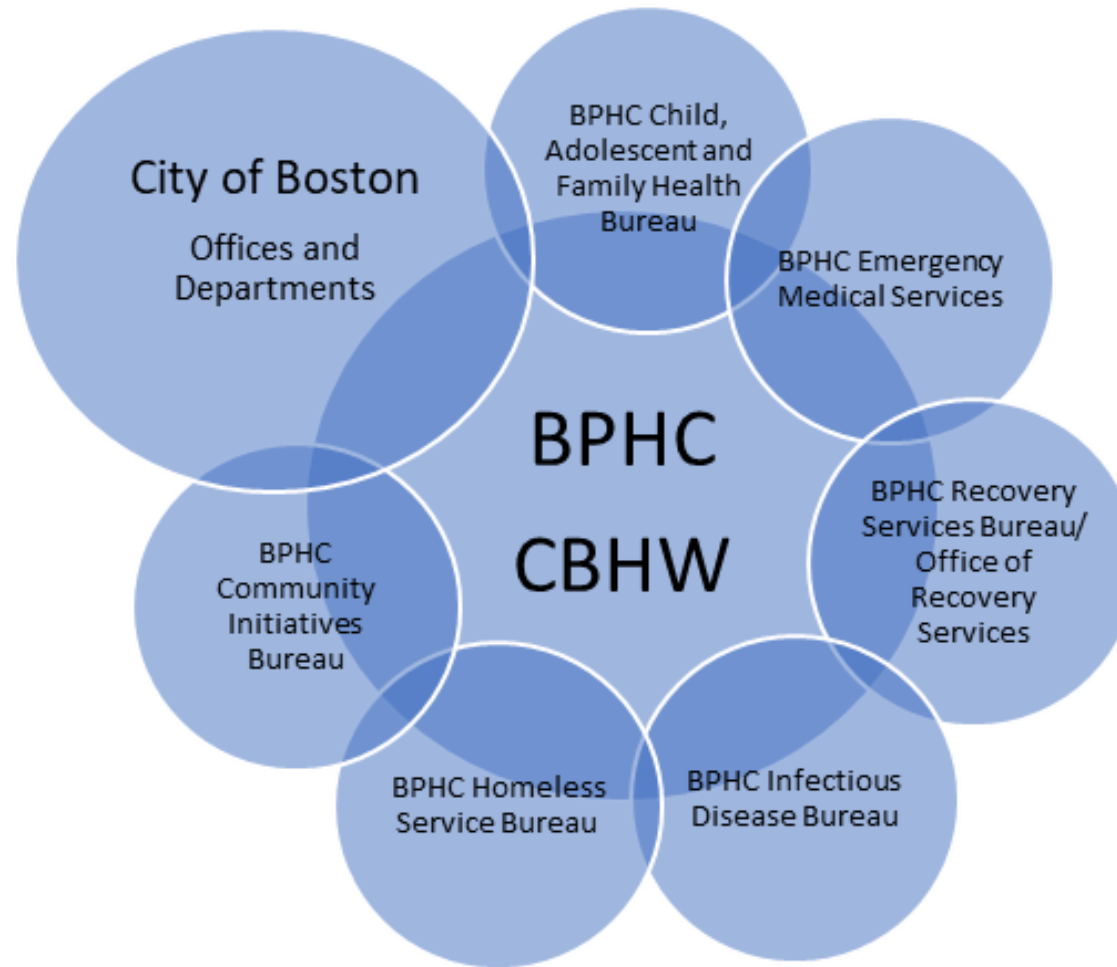
Background, Aims, and Vision

- The Center for Behavioral Health & Wellness, “The Center,” was established in 2022 in response to the growing need for evidence-based, effective, and meaningful behavioral health resources.
- The Center aims to align, coordinate, and promote behavioral health and wellness programming across Boston. We want to help Boston build and enhance behavioral health resilience in every community.
- The Center envisions a Boston where all can achieve their ideal behavioral health and wellness through just, trauma-informed, and intersectional approaches.

Center Objectives

- Promote behavioral health equity
- Address emergent and longstanding behavioral health needs
- Align, coordinate, and support existing BH & wellness programming
- Enhance community efforts to build resilience and improve behavioral health
- Advocate for changes in infrastructure that negatively affect behavioral health, especially in historically underserved populations and communities

Connection and Collaboration



Expanding Behavioral Health Reach

- ARPA funding – three focus areas (communication, workforce, capacity)
- Boston Public Health Commission- collaboration, support and expansion

Office of Recovery Services

- Youth Prevention- Cope Code Club - communications campaign that builds protective factors effective in preventing substance use among youth in Boston, particularly early adolescents- status: expanding marketing plan with existing materials

Center for Science, Technology, and Innovation- Population Health and Research

- Creation of Mental Health Data brief

Bureau of Child, Adolescent and Family Health

- Boston Area Health Education Center - a pathway to help increase knowledge of middle and high school students about behavioral health careers
- Capacity Building and Training Initiative - expand work to prevent and address violence by strengthening trauma-informed and equitable approaches among providers and systems serving youth, including City of Boston employees

Key Stakeholders



- Youth
- CHNA/CHIP
- Civic leaders
- State officials
- Advisory groups
- Philanthropic groups
- Internal BPHC groups
- Academic institutions
- Community members
- Healthcare organizations
- Behavioral health agencies

Aligning Goals



Boston CHNA-CHIP
Collaborative

CHIP Behavioral Health

Mental Health & Substance Use

Goal, Objectives, and Active Strategies

- **Goal:** Promote social and emotional wellness by fostering resilient communities and building equitable, accessible, supportive care systems.
- **Objective 1:** Increase the number of diverse, culturally/linguistically competent (a) licensed clinical behavioral health workers and community-based behavioral health caregivers.
- **Active Strategy 1: Pilot an employment pathway program (workforce development pipeline)** to recruit, incentivize, train, and place community members of different backgrounds (culture, language, life and lived experience, age, race) in behavioral health careers.
- **Active Strategy 2:** Increase the **pool of CHWs and Recovery Coaches with specialized mental health/substance use training who: represent low-income, immigrant, LGBTQ, seniors, and/or communities of color.**

Behavioral Health Strategy Focus

1

1. Widen public awareness of youth BH needs & resources

Communications: \$1M - creation of anti-stigma BH campaign with youth focus, increase awareness of BH resources
Allotment of \$100K to Cope Code Club

2

2. Increase the number of diverse, accessible, and culturally competent BH clinicians

Workforce: \$5M- increase the number of diverse, accessible, and culturally competent BH clinicians through support for academic / certificate BH training
Allotment of ~\$1.2M to BAHEC

3

3. Strengthen training for adults regularly engaged with youth

Capacity: \$3M : strengthen BH training for adults regularly engaged with youth; support workforce with BH needs
Allotment of ~\$700K to CBTI

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BEHAVIORAL HEALTH COMMUNICATIONS & PUBLIC AWARENESS CAMPAIGN

Request for Proposals
\$1 million available to:



Help families and communities learn about behavioral health

Increase awareness and use of Boston-based behavioral health resources

Reduce stigma surrounding the need for and use of behavioral health services

Shape stories that normalize and support lived experiences

Submit proposals by
March 31, 2023, 5:00 p.m. EST



<https://urlis.net/2n5506pa>



Connecting to Resources

Community Behavioral Health Centers

Coordinated hubs for mental health and substance use treatment in communities across Massachusetts

The Center for Behavioral Health and Wellness wants to share with you the following new initiative. Please share widely!



Behavioral Health Help Line
Call or Text 833-773-2445

The Massachusetts Behavioral Health Help Line (BHHL) is here to connect you directly to clinical help, when and where you need it. BHHL connects individuals and families to the full range of treatment services for mental health and substance use offered in Massachusetts, including outpatient, urgent, and immediate crisis care.

It's **free, confidential**, and no health insurance is required.

Real-time interpretation in **200+ languages**
Deaf or hard of hearing? Contact **MassRelay at 711**

Have more questions? Visit masshelpline.com or scan QR Code below.



The Behavioral Health Help Line is a service of the Commonwealth of Massachusetts, operated by the Massachusetts Behavioral Health Partnership (MBHP).



24/7 CALL, TEXT, CHAT



Example: BPHC's Office of Recovery Services, Youth Prevention

CITY of BOSTON



CopeCode Club

Your feelings matter.

We all get stressed, sad, or anxious sometimes. The good news is that there are many positive ways to cope – and they're often more fun and easier than you think. Check out other youth stories here and explore the science of feeling better. And if you or a friend are dealing with big problems, find out how you can get the help you need. Remember, **you're not alone.**



II. RFP Timeline

February 21, 2023	Legal Notice Publication on The Boston Globe
February 21, 2023	RFP available online at BPHC RFPs and Bids Boston.gov
March 3, 2023	Questions due in writing by 5:00pm EST to: cbhwquestions@bphc.org

2

	Subject: <i>Company Name – Behavioral Health Communications/Public Awareness Campaign- Questions</i>
March 10, 2023	Responses to questions available for viewing at BPHC RFPs and Bids Boston.gov by 5:00pm EST
March 31, 2023	Proposals due by 5:00 PM EST to procurement@bphc.org as well as cbhwquestions@bphc.org Subject line: <i>Company Name – Behavioral Health Communications/Public Awareness Campaign</i> NO EXCEPTIONS TO THIS DEADLINE
April 10, 2023 – April 12, 2023	Interview with applicants, as needed
April 21, 2023	Notification of Decision Notification of Decision: Selected candidate/s will be notified of award by 5:00pm EST. BPHC shall have the discretion to extend this time frame as necessary, with notice to the bidders. BPHC also has the right to cancel this RFP at its discretion.
May 8, 2023	Anticipated start of contract

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BEHAVIORAL HEALTH WORKFORCE EXPANSION PATHWAY RFP

\$5 million in funding
available



Increase enrollment in behavioral health academic and certification programs

Promote diversity and cultural competence in behavioral health providers

Address the workforce behavioral health shortage

Help Boston youth get the behavioral health services and care they need

Submit proposals by
**March 13th, 2023 at
9am**



<https://urlis.net/tqhqrqs>



Example: Children, Adolescent and Family Health Bureau, Boston Area Health Education Center

BAHEC'S SUMMER ENRICHMENT PROGRAM

July 11-August 18, 2022

- ① Take classes in math and science
- ① Participate in public health and health career exploration sessions
- ① Participate in elective courses
- ① Go on Virtual Field Trips
- ① And More!

A VIRTUAL
YOUTH TO HEALTH
CAREERS
PROGRAM

**APPLY
BY APRIL 30, 2022!**
<https://bit.ly/bahecsep2022>
**Must live in Boston



II. RFP Timeline

February 1, 2023	RFP posted on The Boston Globe
February 1, 2023	RFP available online at Bids and RFPs Boston.gov
February 10, 2023	RFP questions due via email by 5:00pm EST Send questions via email to: Samara Grossman, LICSW, Director of the Center for Behavioral Health and Wellness at: cbhwquestions@bphc.org Subject: <i>Expansion for BH Workforce Pathway RFP- Questions</i>
February 17, 2023	Responses to questions available for viewing at Bids and RFPs Boston.gov by 5:00pm EST
March 13, 2023	Proposals due via email by 9:00 AM Send proposals via email to: procurement@bphc.org and cbhwquestions@bphc.org Subject: <i>Expansion of BH Workforce Pathway Proposal</i> NO EXCEPTIONS TO THIS DEADLINE
March 21, 2023 - March 23, 2023	Interview with applicants, as needed
April 3, 2023	Notification of Decision: Selected candidate(s) will be notified of award by 5:00pm EST Desired date for notification of award to proposer however, BPHC has the discretion to extend this date without notice. The contract(s) results from this RFP shall be in effect when all necessary contract documentation is fully executed by BPHC and awarded vendor(s). Candidate(s) will be notified via email by 5:00pm EST

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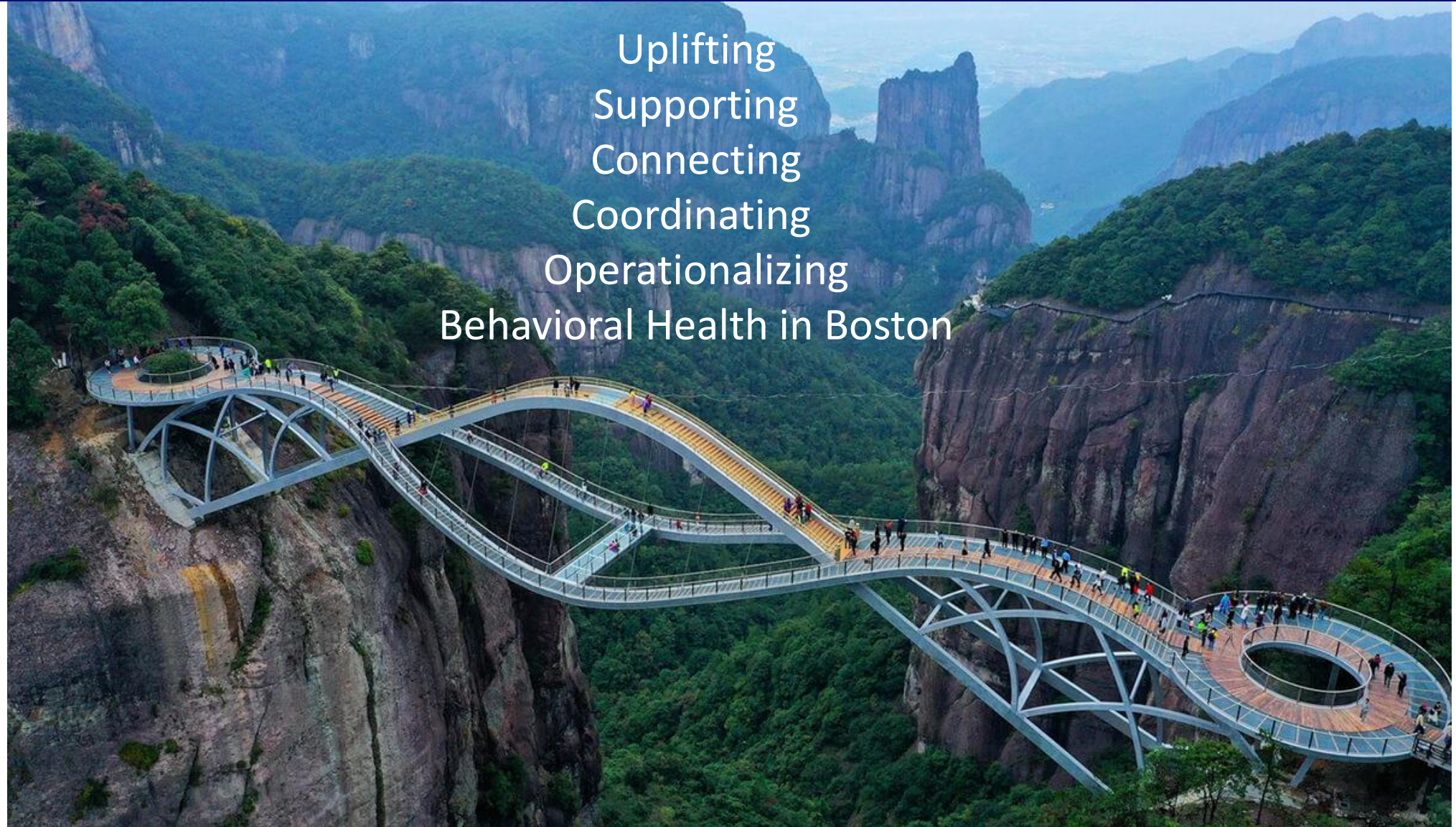
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*Request for proposal
coming soon!*

The Center

Uplifting
Supporting
Connecting
Coordinating
Operationalizing
Behavioral Health in Boston



Thank you for engaging our work.



Kevin M. Simon, MD

Chief Behavioral Health Officer



Samara Grossman, LICSW

Center Director



Morgan Chen, MPH

Policy & Strategy Specialist



Stephanie Santizo, BS

Project Assistant

What questions do you have?