



NOVEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	31	1 Mat Yoga 9:15-10:15am Bingo 10:30-3pm Ethos Lunch 12pm	2
3	4 Tech Help 9-11am Ethos Lunch 12pm Card Club 11am-3pm	5  Gibbons Center Closed	6 Walking Club 10am Card Games 9-10:30am Bingo 10:30-3pm Ethos Lunch 12pm Archery 12-1:30pm	7 Chair Yoga 9-10am & 10-11am Friendship Club 11-1230 Presentation senior volunteer 12:s30-3 PM	8 Mat Yoga 9:15-10:15am Bingo 10:30-3pm Ethos Lunch 12pm	9
10	11  WE'LL BE CLOSED ON VETERANS DAY <i>Thank you for your service.</i>	12 Exercise 10-11am 11:30-12:30am Friendship Club 12:30-3pm	13 Walking Club 10am Card Games 9-10:30am Bingo 10:30-3pm Ethos Lunch 12pm Archery 12-1:30pm	14 Chair Yoga 9-10am 10-11am Faith Endurance 12-2 pm	15 Mat Yoga 9:15-10:15am Bingo 10:30-3pm Ethos Lunch 12pm	16
17	18 Serg 9-11am Ethos Lunch 12pm	19 Exercise 10-11am 11:30-12:30pm Friendsgiving Potluck 12:30-3 pm	20 Walking Club 10am Card Games 9-10:30am Bingo 10:30-3pm Ethos Lunch 12pm Archery 12-1:30pm	21 Chair Yoga 9-10 & 10-11am Arts & Crafts BPD 11:15-3pm	22 Mat Yoga 9:15-10:15am Bingo 10:30-3pm Ethos Lunch 12pm	23
24	25 Tech Help 9-11am Ethos Lunch 12pm Card Club 11am-3pm	26 Exercise 10-11am 11:30-12:30am Friendship Club 12:30-3pm	27 Walking Club 10am Card Games 9-10:30am Bingo 10:30-3pm Ethos Lunch 12pm Archery 12-1:30pm	28  Closed FOR THANKSGIVING	29 Card Club 8:30-10:30 Bingo 10:30-3pm	30

Ethos Lunch on Mondays, Wednesdays, and Fridays. \$2.00 Donation