

**BOSTON
PUBLIC
HEALTH
COMMISSION**



How Is Mpox Spread?

✓ Close skin-to-skin contact with a mpox rash, sores, or scabs, through touching, sex, hugging, massaging or kissing

✓ Contact with clothing, bedding or surfaces used by someone with mpox

- Anyone can get mpox and spread it to others once symptoms start.
- People with mpox are contagious until the rash and sores have healed and disappeared.
- Mpox is not a gay disease. The risk of mpox is not limited to people who are sexually active or men who have sex with men.