

BOSTON
PUBLIC
HEALTH
COMMISSION



PAATHS – Providing Access to Addiction Treatment Hope and Support

Bureau of Recovery Services

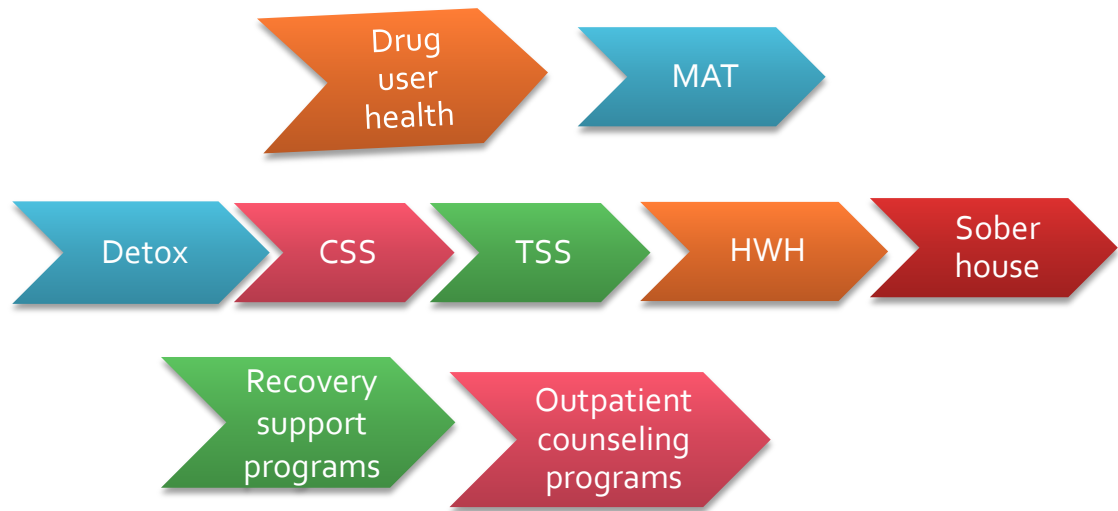
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- A variety of treatment options exist for individuals seeking treatment for drugs and alcohol use
- Navigating this continuum, understanding the types of treatment available and appropriate level of care can be challenging

Levels of care: types of services available



What are common barriers for people seeking treatment?

- Co-occurring medical issues and SUD
- Co-occurring mental health and SUD
- Insurance coverage
- Medications
- Unstable housing/homelessness
- Program availability (no beds)
- Transportation
- Restriction from programs

Case scenario

- 31 yo SWM, homeless staying in shelter, presenting to PAATHS
- PP:help accessing post-detox services"
- DOC: Hx of heroin use 10 years, 2g IV daily
- 5 Ods in past 2 months
- Depression, bipolar – lithium
- Asthma, diabetes, high blood pressure – lost all medications for medical issues
- Current encounter: Pt was discharged from ATS yesterday to the street due to no bed availability at CSS/TSS
- No ID
- No PCP



- Walk-in services
- Assessment, referral, case management, advocacy
- Facilitate access to all levels of care
- Remove barriers that hinder access to care
- Coordinate treatment with medical and mental health providers
- Information and resources to families and friends
- Community support/TA
- Hotline/ 311

January 1 2016 – September 1 2016

- **Walk in visits**
 - 5,444 walk in visits
 - 641 walk-in visits per month
- **Hotline (2016)**
 - 3,298 calls
 - 392 calls per month
- **People placed in treatment:**
 - Over 1500 treatment placements
- **Services requested by levels of care:** 50% detox, 35% CSS/TSS (post detox inpatient programs), 15% OPC/MAT
- **Number of new clients:**
 - Average 90 new clients every month

PAATHS walk-in hours:

- Monday: 7:30am—3:30pm
- Tuesday: 7:30am—3:30pm
- Wednesday: 7:30am—1:30pm
- Thursday: 7:30am—3:30pm
- Friday: 7:30am—3:30pm

**774 Albany street, Boston MA 02118
(across from Boston Medical Center)**

*** First come first served basis

*** Early registration highly encouraged

**Hotline: 1-855-494-4057 or
call 311 if in Boston**



Case Scenarios

Discharge planning

- *Patient is admitted into ER and needs detox. Provider calls detox facilities and there are no beds available.*
- *Patient is admitted into ER/hospital after an overdose. Provider offers treatment but patient does not want to go to treatment.*
- *Patient comes in with family and/or friends and family and friends are the ones asking for resources/information.*

Discharge planning:

- Safety plan
 - Do you have a safety plan?
 - Where are you going to stay tonight? (if the option exists, always give patients the option to leave in the morning as opposed to evening or night)
 - Is there anyone you can or need to call?
 - Do you need me to call the shelter for you?
- Overdose prevention education
- Where to access services (e.g. AHOPE, PAATHS)

*** If patient is being referred to PAATHS please call us and let us know before he/she is discharged