



MARIJUANA: PREGNANCY & BREASTFEEDING

Using marijuana during pregnancy and breastfeeding may present health risks to both the person who is pregnant and the baby.

HEALTH EFFECTS*

No matter if it is consumed, marijuana use while pregnant presents health risks, such as fluctuating blood pressure, low birth weight and negative impacts on the child's ability to learn and develop.

SECONDHAND SMOKE

Marijuana smoke has many of the same harmful chemicals as tobacco smoke. Even if a person does not use marijuana themselves, there are health risks for them and their baby if exposed to secondhand marijuana smoke.

MORNING SICKNESS

No matter the reason for use, marijuana gets passed to a baby in the womb. Pregnant individuals should talk to their doctor about other options to treat morning sickness.

BREASTFEEDING

Chemicals from marijuana will be passed on to babies through breast milk. This may cause poor weight gain, sleepiness, and slower development in infants.

MEDICAL MARIJUANA

Tell your doctor right away that you are pregnant and need to discuss alternatives to medical marijuana.

**If you are looking for resources or support around marijuana or other substance use, please call 311.
For more information about marijuana, visit bphc.org/marijuana.**



*Health effects and other information adapted from www.CDC.gov/marijuana